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**TOP 1 MALES** -----

Place	Bib	Age	NAME	CITY/STATE
GunTime	GPace	ChipTime	CPace	DQ
=====	=====	=====	=====	=====
1.	401	17	MATT SMITH	RALEIGH NC
19:30	6:17	19:27	6:16	

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**TOP 1 MASTERS MALES**

Place	Bib	Age	NAME	CITY/STATE
GunTime	GPace	ChipTime	CPace	DQ
=====	=====	=====	=====	=====
1.	419	44	RICH TARQUINI	CARY NC
22:44	7:19	22:34	7:16	

**MALE AGE GROUP RESULTS**

2009 Get Your Rear in Gear 5K Run-Walk

Raleigh, NC 03/07/2009 8:30 am

Directed and Timed By: Set Up Events

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**MALE AGE GROUP: 1 - 14 (90)**

Place	Bib	Age	NAME	CITY/STATE
GunTime	GPace	ChipTime	CPace	DQ
=====	=====	=====	=====	=====
1.	474	12	TRE BROOKS	RALEIGH NC
22:06	7:07	22:03	7:06	
2.	260	12	JACK MCADAMS	DURHAM NC
22:18	7:11	22:11	7:09	
3.	533	11	SPENCER HUSERY	
22:47	7:20	22:44	7:19	
4.	80	14	BRETT CUTLER	RALEIGH NC
23:35	7:36	23:27	7:33	
5.	422	13	THOMAS THEUNISSEN	RALEIGH NC
23:50	7:40	23:44	7:39	
6.	473	11	CAMERON ROY	RALEIGH NC
24:13	7:48	24:11	7:47	
7.	363	8	LEWIS REO	RALEIGH NC
28:24	9:09	28:18	9:07	
8.	258	8	DANNY MCADAMS	DURHAM NC
28:47	9:16	27:58	9:00	
9.	364	6	TANNER REO	RALEIGH NC
31:00	9:59	30:10	9:43	
10.	296	8	REID MOSER	RALEIGH NC
33:03	10:39	32:15	10:23	

11.	564	10	NEIL CLARK		
33:29	10:47		33:16	10:43	
12.	117	7	ALEX FISTER	APEX	NC
33:42	10:51		33:10	10:41	
13.	319	11	NYAL PATEL	RALEIGH	NC
34:35	11:08		34:31	11:07	
14.	450	12	JEROD WILLIAMS	RALEIGH	NC
36:52	11:52		36:46	11:50	
15.	42	11	NATHAN BROWNING	RALEIGH	NC
36:59	11:55				
16.	583	13	ALPER ENDEN		
39:10	12:37		38:53	12:31	
17.	604	10	JORDAN SHAW	MORRISVILLE	NC
44:05	14:12				
18.	552	10	NICOLAS FISTER		
45:18	14:35		44:44	14:24	

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### MALE AGE GROUP: 15 - 19 (90)

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Place	Bib	Age	NAME		CITY/STATE
GunTime	GPace	ChipTime	CPace	DQ	
1.	527	18	DOUG CLARK		
20:03	6:28		19:52	6:24	
2.	491	16	BRAD NEWMAN	RALEIGH	NC
21:53	7:03		21:51	7:02	
3.	217	18	MIKE KOHAGEN	RALEIGH	NC
22:09	7:08		22:02	7:06	
4.	525	19	KEENAN SMITH		
25:46	8:18		25:30	8:13	
5.	477	18	DREW DECKER	APEX	NC
27:46	8:57		27:19	8:48	
6.	4	17	ALISON ALMEIDA	DURHAM	NC
28:12	9:05		28:05	9:03	
7.	178	18	JEFF HOLLAND	DURHAM	NC
33:20	10:44		32:56	10:36	

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### MALE AGE GROUP: 20 - 29 (90)

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Place	Bib	Age	NAME		CITY/STATE
GunTime	GPace	ChipTime	CPace	DQ	
1.	327	25	ARIEL PEREZ	FAYETTEVILLE	NC
22:17	7:11				
2.	523	28	PAUL HARMLIN		
24:01	7:44		23:55	7:42	
3.	597	29	ANDREW TRIPP		
24:08	7:47				
4.	54	29	DREW CARELLE	MORRISVILLE	NC
24:09	7:47		24:04	7:45	

5.	282	27	CHRISTOPHER MILLER	RALEIGH NC
24:14	7:48	24:00	7:44	
6.	393	25	DUSTIN SIMMONS	ZEBULON NC
24:19	7:50	23:58	7:43	
7.	238	27	CODY LOUGHRIDGE	APEX NC
24:40	7:57	24:26	7:52	
8.	50	22	RYAN CALLOWAY	RALEIGH NC
25:47	8:18	25:14	8:08	
9.	494	29	WALTER DEVINS	WAKE FOREST NC
27:16	8:47	27:09	8:45	
10.	1	25	JEFFREY ABBOOD	RALEIGH NC
28:06	9:03	28:00	9:01	
11.	148	28	JONATHAN HALL	KNIGHTDALE NC
28:57	9:19	28:43	9:15	
12.	24	25	DANIEL BAUCOM	RALEIGH NC
29:06	9:22	28:15	9:06	
13.	62	29	MICHAEL CHARBONNEAU	KNIGHTDALE NC
30:22	9:47	30:01	9:40	
14.	239	23	DEAN LOUGHRIDGE	CARY NC
30:38	9:52	30:24	9:47	
15.	129	28	ALEX GODWIN	RALEIGH NC
33:42	10:51			
16.	338	24	LAWRENCE PLACE	RALEIGH NC
34:19	11:03			
17.	325	28	DANIEL PENDERGRASS	WAKE FOREST NC
34:25	11:05	33:50	10:54	
18.	479	21	JOHN CAMUSO	
35:55	11:34	35:29	11:25	
19.	476	21	MATT DECKER	HOLLY SPRINGS NC
36:23	11:43	35:58	11:35	
20.	272	23	DIXON MCKAY	RALEIGH NC
40:12	12:57			
21.	434	29	JOE VOYLES	DURHAM NC
40:23	13:00	39:41	12:47	
22.	470	21	JARRAD PETRILYAK	CARY NC
43:19	13:57			

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## MALE AGE GROUP: 30 - 39 (90)

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Place	Bib	Age	NAME	CITY/STATE
GunTime	GPace	ChipTime	CPace	DQ
=====	=====	=====	=====	=====
=====	=====	=====	=====	=====
1.	528	30	PATRICK PRICE	
19:31	6:17	19:29	6:16	
2.	86	39	HEATH DAVIS	HENDERSON NC
19:54	6:25	19:50	6:23	
3.	252	34	LORRIN MARTIN	FULTON MD
19:55	6:25	19:51	6:24	
4.	416	32	SCOTT SULLIVAN	RALEIGH NC
20:38	6:39	20:35	6:38	
5.	402	38	VINCENT SMITH	RALEIGH NC
21:23	6:53	21:19	6:52	
6.	448	34	KERRY WHITT	RALEIGH NC
21:47	7:01	21:32	6:56	

7.	595	36	CHARLES COBLE		
23:11	7:28				
8.	554	39	PAUL HOCK		
23:27	7:33	22:22	7:12		
9.	451	33	ADAM WOODLIEF	RALEIGH NC	
23:54	7:42	23:47	7:40		
10.	277	39	DEWEY MCPHERSON	ROLESVILLE NC	
24:44	7:58	24:37	7:56		
11.	424	38	MARK THOMPSON	RALEIGH NC	
25:26	8:11	25:11	8:07		
12.	390	36	WILL SHELLMAN	APEX NC	
25:29	8:12	25:21	8:10		
13.	274	36	ERIC MCKENDALL	RALEIGH NC	
26:02	8:23	25:51	8:20		
14.	88	31	JEREMY DENTON	HOLLY SPRINGS NC	
28:16	9:06	27:58	9:00		
15.	201	36	CHRISTOPHER JONES	RALEIGH NC	
28:28	9:10	28:23	9:08		
16.	495	37	MARK FLANAGAN	FARMVILLE NC	
28:48	9:16	27:41	8:55		
17.	339	32	JEFF POLLOCK	DUNWOODY GA	
28:49	9:17	28:14	9:06		
18.	487	36	TUWAIN SMITH	RALEIGH NC	
28:51	9:17	28:42	9:15		
19.	366	30	JOSH RICE	MEBANE NC	
29:38	9:33				
20.	445	37	KEVIN WHITE	RALEIGH NC	
30:04	9:41	29:44	9:35		
21.	121	31	DERRECK FOREMAN	RALEIGH NC	
30:21	9:47				
22.	505	33	BRIAN MATTESON	RALEIGH NC	
32:11	10:22	31:47	10:14		
23.	360	39	BRIAN REO	RALEIGH NC	
33:08	10:40	32:16	10:23		
24.	332	34	TIM PETERS	RALEIGH NC	
34:32	11:07	33:50	10:54		
25.	550	36	LARRY LAKINS		
37:33	12:06				
26.	423	37	CARL THOMPSON	RALEIGH NC	
38:01	12:14	37:36	12:06		
27.	300	36	NAVEEN NARAHARI	RALEIGH NC	
38:11	12:18	36:40	11:48		
28.	497	34	BILLY BARRIER	FUQUAY VARINA NC	
39:10	12:37	38:52	12:31		

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**MALE AGE GROUP: 40 - 49 (90)**

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Place	Bib	Age	NAME	CITY/STATE
GunTime	GPace	ChipTime	CPace	DQ
=====	=====	=====	=====	=====
=====	=====	=====	=====	=====
1.	464	44	MARK DELYON	RALEIGH NC
23:02	7:25			
2.	461	42	COLM OLOUGHLIN	
23:30	7:34	23:22	7:32	

3.	522	47	JULIO COSTELAO	
23:47	7:40		23:41 7:38	
4.	593	47	STEFAN YOUNGBLOOD	
24:34	7:55		24:30 7:54	
5.	382	47	MICHAEL SANDMAN	RALEIGH NC
24:47	7:59		24:23 7:51	
6.	405	42	CHRIS SPIVEY	RALEIGH NC
25:04	8:05		25:02 8:04	
7.	532	45	JEFFREY HUSERY	
25:10	8:06		25:03 8:04	
8.	555	40	SAMMY KINLAN	
25:15	8:08		25:06 8:05	
9.	69	41	KEVIN CLARK	HOLLY SPRINGS NC
25:43	8:17		25:25 8:11	
10.	83	44	DENNIS DANIELS	CARY NC
26:10	8:26		26:00 8:22	
11.	582	46	BULENT ENDER	
26:38	8:35		26:32 8:33	
12.	510	47	JOHN LENNIS	RALEIGH NC
26:45	8:37		26:31 8:32	
13.	223	45	ISAAC KUNKEL	CARY NC
27:18	8:47		27:03 8:43	
14.	233	43	HAROLD LILES	APEX NC
27:48	8:57		27:39 8:54	
15.	13	49	VAN DUPLICATE ANDERSON	DURHAM NC
28:18	9:07		27:26 8:50	
16.	259	44	DAVID MCADAMS	DURHAM NC
28:50	9:17		28:00 9:01	
17.	513	49	MARK ROTENBERRY	CHAPEL HILL NC
29:18	9:26		28:55 9:19	
18.	215	46	KENNETH KOHAGEN	RALEIGH NC
29:55	9:38			
19.	97	49	ERIC DUBERMAN	CARY NC
30:09	9:43		29:53 9:38	
20.	320	43	RIG PATEL	RALEIGH NC
31:15	10:04		31:08 10:01	
21.	96	46	JESSE DROSDICK	DURHM NC
31:36	10:11		30:51 9:56	
22.	459	43	MARCUS STEWART	CARY NC
32:42	10:32		32:20 10:25	
23.	226	40	KEITH LAMBERT	RALEIGH NC
34:59	11:16		34:46 11:12	
24.	289	41	MILTON MOORE	CARY NC
37:18	12:01		37:04 11:56	
25.	391	40	ERIC SHEPHERD	APEX NC
38:56	12:32			
26.	537	48	DOUGLAS CLARK	
41:11	13:16		40:53 13:10	
27.	553	40	TONY FISTER	APEX NC
45:28	14:38		44:54 14:27	
28.	207	45	SETH KAPLAN	RALEIGH NC
47:24	15:16			
29.	173	43	MARC HERSCHELMAN	RALEIGH NC
48:01	15:28		47:05 15:10	

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MALE AGE GROUP: 50 - 59 (90)

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Place	Bib	Age	NAME	CITY/STATE
GunTime	GPace	ChipTime	CPace	DQ
1.	136	58	JOE GRAMER	RALEIGH NC
25:21	8:10			
2.	358	59	DICK REAVES	CARY NC
25:27	8:12	25:16	8:08	
3.	594	50	TONY FAUCETTE	
25:51	8:19	25:36	8:15	
4.	581	55	PETER CRANFORD	
26:13	8:27	26:03	8:24	
5.	534	50	ERIC NOBLE	
27:14	8:46			
6.	520	55	GREG GREEN	
27:26	8:50	27:19	8:48	
7.	228	56	MICHAEL LANGDALE	APEX NC
27:43	8:56	27:38	8:54	
8.	185	53	GLENN HOSKIN	APEX NC
28:35	9:12			
9.	109	52	KENNETH FATH	EFLAND NC
29:22	9:27	29:00	9:20	
10.	189	54	MARK HOWARD	FUQUAY VARINA NC
37:22	12:02	37:04	11:56	
11.	35	55	THOMAS BODENSTINE	RALEIGH NC
39:08	12:36			
12.	19	54	CHARLES BARISH	RALEIGH NC
50:06	16:08	49:08	15:49	
13.	569	57	RICHARD MCELROY	
52:34	16:56			
14.	10	57	ALAN ANDERSON	RALEIGH NC
55:07	17:45	54:29	17:33	

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MALE AGE GROUP: 60 - 69 (90)

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Place	Bib	Age	NAME	CITY/STATE
GunTime	GPace	ChipTime	CPace	DQ
1.	540	63	DOUGLAS MACLEAN	
26:09	8:25	25:46	8:18	
2.	345	63	KENDALL PRATT	APEX NC
29:37	9:32	29:26	9:29	
3.	276	68	ROY MCNAMARA	RALEIGH NC
54:05	17:25	53:08	17:06	

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MALE AGE GROUP: 70 - 99 (90)

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Place	Bib	Age	NAME	CITY/STATE	
GunTime	GPace	ChipTime	CPace	DQ	
1.	526	71	LARRY EICHNER		
30:57	9:58	30:50	9:56		