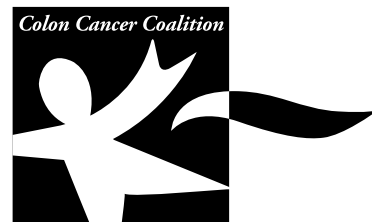




GET YOUR
REAR
IN GEAR
ARIZONA



Schedule of events:

Registration • 7:00AM

Kids' Fun Run • 8:00AM

5k Run/Walk • 8:30AM

Pre-registration via mail through May 14

and online through May 18:

Adult 5k Run/Walk: \$25.00

Kids' Fun Run: \$12.00

Race day registration (after May 18):

Adult 5k Run/Walk: \$30.00

Kids' Fun Run: \$15.00

To register online visit: www.getyourrearingear.com

or mail to:

Colon Cancer Coalition - Prescott

8009 34th Avenue S., Suite 360

Bloomington, MN 55425

First Name / MI / Last Name:

Street Address:

City, State/Province, Zip/Postal Code:

Phone:

Email:

Date of Birth: Age on race day: Male Female

T-Shirt Size (included with race entry fee)

NOTE: Shirts run large. Order at least one size smaller for proper fit.

Youth-S Youth-M Youth-L

Adult-S Adult-M Adult-L Adult-XL Adult-XXL

WAIVER MUST BE READ AND SIGNED WITH ENTRY

WAIVER & RELEASE: READ THIS! I know that running/walking a road race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run/walk. I assume all risks associated with participating in this event including, but not limited to falls, contact with other participants, the effects of weather, including extreme cold, traffic and the conditions of the road, all such risks being known and appreciated by me.

Having read this waiver and knowing these facts and in consideration of acceptance of my entry, I for myself and anyone entitled to act on my behalf, waive and release the Colon Cancer Coalition, Prescott National Forest and Prescott Sky-YMCA, Tri Family Racing, and any and all persons, sponsors and entities, their representatives and successors from all claims or liabilities of any kind arising out of my participation even though said liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission for all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. Parents must sign if participant is under 18 years of age. This is to certify that my child has permission to compete in this event, is in good physical condition and that event officials may authorize necessary emergency treatment.

ENTRY FEES ARE NON-REFUNDABLE.

Print Full Name:

Signature (Parent or Legal Guardian if under 18):

Date:

Entry fee is not tax deductible; donations are deductible to the fullest extent allowed by law.

5k

run/walk

**GET YOUR REAR
IN GEAR
5K WALK/RUN
FOR COLON CANCER**

**May 23, 2010
YMCA CAMPS SKY-Y
AND CHAUNCEY RANCH
5725 So. Senator Highway
Prescott, Arizona**

Get Your Rear in Gear is a series of nationwide events to raise awareness and funds for colorectal cancer. Run, walk, form a team or volunteer your time. Support those battling colorectal cancer, and provide other important services.

To sponsor or volunteer, contact Lisa Sanderson at 952-426-6521 or lisasanderson@getyourrearingear.com; or Race Manager Mark Konietzka at trifamilyracing@msn.com.

www.getyourrearingear.com